

#### SUBMISSION OF MONTHLY REPORT OF NSS REGULAR ACTIVITIES

# Consolidated Report for the Period of 16<sup>th</sup> September to 15<sup>th</sup> October 2021

# Name of the college: MIMS COLLEGE OF NURSING, MALAPPURAM

Name of the Programme Officer:

## MS. MEENU PETER ASSISTANT PROFESSOR

## MIMS COLLEGE OF NURSNING

### Unit registration no: (NSS/FU/MPM/KUHS/2)

### Name of the Adopted Community: VAZHAYOOR

SL N O	DA TE	NAME OF THE PROGRAMME	NUM BER OF PAR TICI PAN TS	NO. OF HO URS	ACHIVEMENTS (BRIEF DESCRIPTION)
1.	21. 09. 21	WORLD ALZHEIMER'S DAY	80	4hrs	The NSS unit organized an AV Aids expo at PHC & health talk on rehabilitative aspects, psychological aspects and nursing management of Alzheimer's patients. The expo was conducted by 17 <sup>th</sup> batch students. They explained the charts and models on various subthemes of Alzheimer disease to the localites who visited PHC that day. The health talk was organized for the 3 <sup>rd</sup> year students via google meet online platform. The session lasted for an hour. Mr. Abraham Bose Neurophychologist, Aster MIMS Hospital and Ms.Pooja Shokeen, Sr. Lecturer of Mims college of Nursing, were the key speakers.

10	<complex-block></complex-block>		Fig.2 The NSS volunteers at AV Aids expo at PHC		
2.	29. 09. 21	World heart day	64	1 hr	As a part of world heart day, NSS unit and 17 <sup>th</sup> batch B.Sc Nursing students organized a webinar on Awareness, prevention and management of cardiovascular disease on 4 <sup>th</sup> Monday October 2021 from 2pm to 3.30pm. Ms. Suja Raj L, Lecturer in nursing, Sree Chithira Thirunal Institute of Medical Sciences and Technology, Trivandrum was the resource person. The class was really interesting and informative. The session was hoisted via Google meet online platform.

MIMS	Aparna ouseph	<b>10</b> 1	Fig.1 W	Vebinar conducted on World Heart Day
AF	Aparna P	pai A		
EMBER 29	Brijita Mathew	pai 🔏		
	Cinly p Vinod	pai A		
EART DAY	Dilsha a d	1941 A		
USE 🕈 TO CONNECT	Dinsha	yai A		
EVERY	Dinsha Raju	pai A		
:-Awareness, Prevention and Managemer	Fahmidha Sharin pt	pai A		
Cardiovascular Disease	gopika_b_krishna	pai A		
4 th Monday 200 Pm to 3.30 Pm Oct 2021 Coget Nat and By : Medical Surgical Nursing department. MIMS College of the	Harsha	pai A		
	Jithi Ratheesh	pai A		
Resource Person: Ms.Suja Raj.L, Lecturer in Nursing,	Jomol shaji	yai A		
Sree Chitra Tirunal Institute Far Medical Sciences and Trivandrum	wite			
3.02.Observance of	of Candhi	170	3 hrs	The NSS unit of MIMS college of
<b>10. Jayan</b>		170	5 11 5	
21				nursing organized a "MASS CLEANING
				DRIVE" to commemorate the 152 <sup>st</sup> Birth
				Anniversary of Mahatma Gandhi on 2 <sup>nd</sup>
				October 2021. Dr.Assuma Beevi.T.M
				formally inaugurated the function.
				Gandhi Jayanthi celebrations comprised
				of the following activities.
				1] The NSS & non NSS volunteers
				actively engaged for the "MASS
				CLEANING DRIVE"
				2] The teaching and Non-teaching staffs
				of MIMS College of nursing, played a
				part in "MASS CLEANING DRIVE"
				conducted at the campus.
				-

				Fig. 1 NSS Volunteers and faculty participating in Mass cleaning drive conducted at college campus and its premises
4.	10. 10. 21	World mental health day	60	2 hrs The NSS unit and mental health department has organized a expert talk session as part of World mental health
	21			session as part of World mental health day observance on 10 <sup>th</sup> October 2021 via Google meet online platform.
	Ter.		IN JAKS	Fig.1 Webinar conducted on World Mental Health Day

Imalun

Signature of Principal

form \_ D

Signature of Programme Officer